



NEWSLETTER

November 2024

Change is Required for Growth

Dear NYA Families,

As we enter the colder months, I'm reminded of the inevitability of change in each of our lives. Seasons shift, children grow, and even the people we surround ourselves with come and go. Just as the trees begin to shed their leaves, and winter gradually takes hold, we embrace the transitions in our community and celebrate each new phase of growth and learning.

This fall, we began the school year with a sense of excitement and renewal. Just as trees transform their colors, our students move forward in their own journeys—some beginning their school experience in kindergarten at Stony Brook, others stepping into third grade at Eddy. Alongside them, we also welcomed new staff members who brought fresh energy and dedication to our program, even as others transition into new career paths or further their education. Each individual's journey is unique, and every change enriches our community.

As the temperatures drop and winter approaches, we find ourselves adjusting our daily routines. Our time outside may be limited, but we're eager to find new ways to create warm, memorable experiences together indoors. Whether through engaging activities, learning new skills, or simply sharing moments of laughter, we cherish these times as they bring us closer as a community.

Before we know it, Spring will be here, bringing renewed life and energy, quickly followed by the preparation for Summer. Each season and stage reminds us of the resilience and adaptability that shape our lives.

Thank you for your continued trust and partnership. Here's to a wonderful season of learning, growth, and connection!

Warm regards,
Emma McBrearty
Interim Director of NYA

Thank you to all the volunteers who made Trunk or Treat such a fun event. Your efforts are appreciated by all.



Important Dates

**School Closed
November 5, 11, &
27-29.
No NYA**

**Town Meeting
(@ Stony)
November 18**



- Please remember to put names on any of your students' belongings! Stony Brook's NYA site will donate any items remaining in our Lost & Found over Thanksgiving Break!
- Students should have a water bottle with them daily.
- If your student is signed up for our one-hour option, please ensure you are picking up at 3 p.m. or earlier. Picking up after 3:15 p.m. will result in a daily fee charged (the difference of \$22-24 and \$8.50).
- The weather is changing! Please dress your child(ren) appropriately!
- If your child(ren) will eat more than we provide at snack time or do not like the snacks we serve, please pack them something they will enjoy having at their after-school snack.
- Sign up for our Enrichment Classes on Community Pass! There will be a new art class available for December where students can make their own gifts.

Parent Resources

Below are links to some though a search on particular topics will return results of a multitude of sites. If you find a particular resource that you think that would be valuable to other parents please share them with Emma, so she can include the information in future newsletters.

<https://www.common sense media.org/> provides information on helping kids thrive in a world of media and technology.

<https://confidentparentsconfidentkids.org/> is a site for parents actively supporting kids' social, emotional and ethical development

<https://www.healthychildren.org/English/Pages/default.aspx> is developed by the American Academy of Pediatrics. This site provides information on children's developmental ages and stages, healthy living practices, safety and prevention, and dealing with health concerns at home.

<https://infoaboutkids.org/> is produced through a collaboration of the Consortium for Science-Based Information on Children, Youth, and Families, the site is committed to publishing resources with a solid research base. It has sections on body, mind, emotions, and relationships.

<http://www.parenttoolkit.com/> includes information about almost every aspect of your child's development.

I Have A Concern. Who Do I Talk To?

A reminder that Nauset Youth Alliance is a non-profit run by a parent board. We are given use of in-kind space by the town in Eddy and Stony Brook Elementary Schools but are not formally affiliated with the school. If you have a concern about your child's experience at NYA please do not contact the school's principals or your child's teacher. Instead, please raise the concern with Emma McBrearty, Interim Executive Director; Katie Heller, Assistant Director, or a parent Board member. You can email the board at board@nausetyouthalliance.org.